

**M.Sc. NURSING I YEAR**  
**COURSE OUTCOME – MENTAL HEALTH NURSING –I**

- This course is designed to assist students in developing expertise and in depth understanding in the field of psychiatric Nursing. It will help students to appreciate the client as a holistic individual and develop skill to function psychiatric nurse specialist.
- It will further enable the student to function as educator, manager, and researcher in the field of psychiatric nursing

**Objectives**

At the end of the course the students will be able to:

1. Appreciate the trends and issues in the field of psychiatry and psychiatric nursing
2. Explain the dynamics of personality development and human behavior.
3. Describe the concepts of psychobiology in mental disorders and its implications for psychiatric nursing
4. Demonstrate therapeutic communications skills in all interactions
5. Demonstrate the role of psychiatric nurse practitioner in various therapeutic modalities
6. Establish and maintain therapeutic relationship with individual and groups
7. Uses assertive techniques in personal and professional actions
8. Promotes self-esteem of clients, others and self
9. Apply the nursing process approach in caring for patients with mental disorders
10. Describe the psychopharmacological agents, their effects and nurses role
11. Recognize the role of psychiatric nurse practitioner and as a member of the psychiatric and mental health team
12. Describe various types of alternative system of medicines used in psychiatric settings
13. Incorporate evidence based nursing practice and identify the areas of research in the field of psychiatric nursing.

S.NO	COURSE	LEARNING OUTCOME
1.	<b>Specialty I</b>  <b>Mental Health Nursing-I Theory</b>	<ul style="list-style-type: none"> <li>• Appreciate the trends and issues in the field of psychiatry and psychiatric nursing</li> <li>• Explain the dynamics of personality development and human behavior.</li> <li>• Describe the concepts of psychobiology in mental disorders and its implications for psychiatric nursing</li> <li>• Demonstrate therapeutic communications skills in all interactions</li> <li>• Demonstrate the role of psychiatric nurse practitioner in various therapeutic modalities</li> <li>• Establish and maintain therapeutic relationship with individual and groups.</li> <li>• Establish and maintain therapeutic relationship with individual and groups</li> <li>• Uses assertive techniques in personal and professional actions</li> <li>• Promotes self-esteem of clients, others and self</li> <li>• Apply the nursing process approach in caring for patients with mental disorders</li> <li>• Describe the psychopharmacological agents, their effects and nurses role</li> </ul>
	<b>Specialty I</b>	<ul style="list-style-type: none"> <li>• Apply the nursing process approach in caring for patients with mental disorders</li> <li>• Describe the psychopharmacological agents, their effects and nurses role</li> </ul>

	<b>Mental Health Nursing-I Practical</b>	<ul style="list-style-type: none"> <li>• Recognize the role of psychiatric nurse practitioner and as a member of the psychiatric and mental health team</li> <li>• Describe various types of alternative system of medicines used in psychiatric settings</li> <li>• Incorporate evidence based nursing practice and identify the areas of research in the field of psychiatric nursing.</li> </ul>
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### **M.Sc. NURSING II YEAR**

#### **COURSE OUTCOME – MENTAL HEALTH NURSING –II**

- This course is designed to assist students in developing expertise and in-depth understanding in the field of Psychiatric Nursing. It will help students to develop advanced skills for nursing intervention in various psychiatric conditions.
- It will enable the student to function as psychiatric nurse practitioner / specialist. It will further enable the student to function as educator, manager, and researcher in the field of Psychiatric nursing

#### **Objectives**

At the end of the course the students will be able to:

1. Apply the nursing process in the care of patients with mental disorders in hospital and community
2. Demonstrate advanced skills/competence in nursing management of patients with mental disorders
3. Identify and care for special groups like children, adolescents, women, and elderly, abused and neglected, people living with HIV/AIDS.
4. Identify and manage psychiatric emergencies.
5. Provide nursing care to critically ill patients with mental disorders
6. Utilize the recent technology and various treatment modalities in the management of patients with mental disorders
7. Demonstrate skills in carrying out crisis intervention.
8. Appreciate the legal and ethical issues pertaining to psychiatric nursing.
9. Identify areas of research in the field of psychiatric nursing.
10. Prepare a design for layout and describe standards for management of Psychiatric units/emergency units/hospitals
11. Teach psychiatric nursing to undergraduate students & in-service nurses.

<b>S.NO</b>	<b>COURSE</b>	<b>LEARNING OUTCOME</b>
1.	<b>Specialty II Mental Health Nursing-II Theory</b>	<ul style="list-style-type: none"> <li>• Apply the nursing process in the care of patients with mental disorders in hospital and community</li> <li>• Demonstrate advanced skills/competence in nursing management of patients with mental disorders</li> <li>• Identify and care for special groups like children, adolescents, women, and elderly, abused and neglected, people living with HIV/AIDS.</li> <li>• Identify and manage psychiatric emergencies.</li> </ul>
2.	<b>Specialty II Mental Health</b>	<ul style="list-style-type: none"> <li>• Provide nursing care to critically ill patients with mental disorders Utilize the recent technology and various treatment modalities in the management of patients with mental disorders</li> <li>• Demonstrate skills in carrying out crisis intervention.</li> </ul>

	<b>Nursing-II Practical</b>	<ul style="list-style-type: none"> <li>• Appreciate the legal and ethical issues pertaining to psychiatric nursing.</li> <li>• Identify areas of research in the field of psychiatric nursing.</li> <li>• Prepare a design for layout and describe standards for management of Psychiatric units/emergency units/hospitals</li> <li>• Teach psychiatric nursing to undergraduate students &amp; in-service nurses.</li> <li>• Describe various types of alternative system of medicines used in psychiatric settings</li> <li>• Incorporate evidence based nursing practice and identify the areas of research in the field of psychiatric nursing.</li> </ul>
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