

B.Sc. NURSING

MENTAL HEALTH NURSING (Theory)

This course is designed for developing an understanding of the modern approach to mental health, identification, prevention and nursing management of common mental health problems with special emphasis on therapeutic interventions for individuals, family and community.

LEARNER'S OUTCOME

S.No	COURSE	LEARNERS OUTCOME
1.	MENTAL HEALTH NURSING (Theory)	<p>Describes the historical development & current trends in Mental Health Nursing.</p> <p>Describe the epidemiology of mental health problems.</p> <p>Describe the National Mental Health Act, programmes and Mental Health Policy.</p> <p>Discuss the scope of Mental Health Nursing.</p> <p>Describe the concepts of normal & abnormal behavior.</p> <p>Define the various terms used in Mental Health nursing.</p> <p>Describe nature, purpose, and process of assessment of mental health nursing</p> <p>Identify therapeutic communication techniques.</p> <p>Describe therapeutic relationship.</p> <p>Describe therapeutic impasse and its intervention.</p> <p>Explain treatment modalities and therapies used in mental disorders and role of the nurse.</p> <p>Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with Schizophrenia, and other psychotic disorders.</p> <p>Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with mood disorders.</p> <p>Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with neurotic, stress related and somatization disorders.</p> <p>Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with substance use disorder.</p> <p>Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with personality, sexual and eating disorders.</p> <p>Describe the etiology, psychopathology, clinical Manifestations, diagnostic criteria and management of childhood and adolescent disorders including mental deficiency.</p> <p>Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with organic brain disorders.</p> <p>Identify psychiatric emergencies and carry out crisis intervention.</p> <p>Explain legal aspects applied in mental health settings and role of the nurses.</p> <p>Describe the model of preventive psychiatry.</p>

		Describe community Mental Health services and role of nurses.
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MENTAL HEALTH NURSING (Practical)

S.No	COURSE	LEARNERS OUTCOME
1.	MENTAL HEALTH NURSING (Practical)	<p>Assess patients with mental health problems</p> <p>Observe and assist in therapies</p> <p>Counsel and educate patient and families</p> <p>Assessment of children with various mental health problems</p> <p>Counsel and educate children, families and significant others</p> <p>Assessment Patients with mental health problems</p> <p>To provide nursing care for patients with various mental health problem</p> <p>Assist in various therapies</p> <p>Counsel and educate patients, families and significant others</p> <p>To identify patients with various mental disorders</p> <p>To motivate patients for early treatment and follow up</p> <p>To assist in follow up clinic</p> <p>Counsel and educate patient, family and community</p>